

More in the Series

The Prevent Diabetes Problems Series includes seven booklets that can help you learn more about how to prevent diabetes problems.

- *Prevent diabetes problems: Keep your diabetes under control*
- *Prevent diabetes problems: Keep your eyes healthy*
- *Prevent diabetes problems: Keep your feet healthy*
- *Prevent diabetes problems: Keep your heart and blood vessels healthy*
- *Prevent diabetes problems: Keep your kidneys healthy*
- *Prevent diabetes problems: Keep your mouth healthy*
- *Prevent diabetes problems: Keep your nervous system healthy*



For free single copies of these booklets, write, call, fax, or email the

National Diabetes Information Clearinghouse

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These booklets are also available at
www.diabetes.niddk.nih.gov.